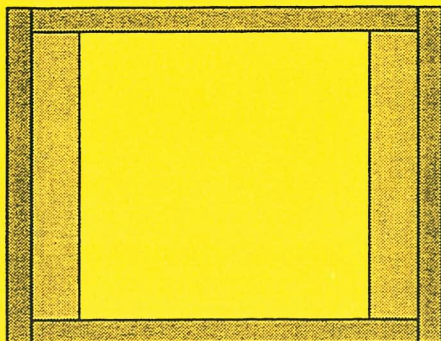


Meals on Wheels Place Mat

Finished size: 14" x 18"

For the center square use any print fabric or substitute with any 12" finished block. See suggestions to the right.



Fabrics needed (for one place mat)
1 (12-1/2") square or block.

1/8 yard for inner border (or two 2-1/2" x 12-1/2" rectangles)

1/2 yard for outer border and backing

1/8 yard for binding.

Cutting

Inner borders

Two 2-1/2" x 12-1/2"

Outer borders

Two 1-1/2" x 16-1/2", two 1-1/2" x 14-1/2"

Backing and batting

15-1/2" x 19-1/2"

Binding

Two strips 1-3/4" wide by width of fabric. Cut strips at fold. Press strips wrong sides together along the long edges.

Assembly

1. Sew inner borders to 12-1/2" square or block.
2. Add outer borders.
3. Baste top, batting and backing. Quilt as desired.
4. Trim batting and backing even with top. Finish with binding.

