

## Days for Girls Workshop

Members of the Coastal Quilters Guild and the Modern Quilt Guild met on Saturday, March 11th to stitch up postpartum feminine hygiene kits. This was a collaborative effort organized by Days for Girls ([www.daysforgirls.org](http://www.daysforgirls.org)) and Direct Relief ([www.directrelief.org](http://www.directrelief.org)). From Direct Relief, Julie Aguiniga, Controller, directed our efforts. Paulina Ospina, Senior Program Manager, gave a slide presentation. Paulina informed us that kits will go to women in Nepal and Uganda who have had fistula repair surgery.

At the end of the workshop, members took home unfinished items to continue work during the week. We met again on Saturday, March 18th to celebrate National Quilting Day and to also complete this part of the project. A very successful week of work! We completed 1475 liners, 114 shields and several drawstring bags.

A "Kit Event" is scheduled for **Friday, April 28th** at 10:30 at Direct Relief headquarters. Volunteers will meet to assemble and box all the components for shipment. If you would like to help, please contact Irelle Beatie.

Donations of cotton flannel fabric for the liners (minimum 8" x 12-1/2") and light to mid weight cotton fabric for the drawstring bags (minimum 13" x 31") are appreciated. Fabric motif is specific. Florals and geometrics are good. No bugs, insects, animals, glam, camouflage or cultural specific motifs. Please contact Marty Frolli if you have donations.

We will be announcing another Days for Girls workshop in the future and hope that you can join us for this very important effort.

**Marty Frolli & Irelle Beatie**

Invite your friends and family to see the results of this year's challenge at our April 13 meeting!

Mermaid  
Maritime  
Magic!

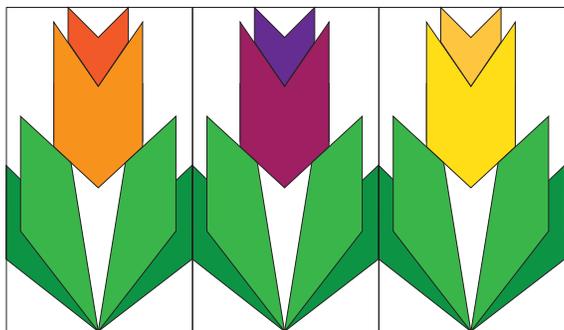


## President's Letter

Spring brings new growth, rebirth and the expectations of wonderful things to happen. Finding the time to try a new quilting gadget, experimenting with a never tried quilting block, sketching a new quilt design or just changing the environment in which you quilt (i.e., taking hand work outside, quilting with friends) all sound like fun.

For me spring gives me fresh hope that my quilting friends (Coastal Quilters) will step forward and help me with a few job openings or plan our picnic with Ginny Lawliss or even our Next Christmas party. What do you think? Can you help me make this guild successful in the coming months?

**Linda Boynton De Sepulveda**



## Refreshments

Hello Ladies, Spring is here!

We are going to have fun at our meeting in April. For those of you who have Birthdays in May and June, please bring trail mixes, goldfish, fruit plates, vegetable plates and dips. Others are welcome to finger foods as well. This is going to be a special night. I look forward to seeing you all and a big Thank You as well.

**Ginny Lawliss, Refreshments**

**Community Quilts will be doing intake ONLY of finished quilts, in the area normally occupied by the library.**

### Directors

**President**  
**VP Programs**  
**Treasurer**  
**Recording Secretary**  
**Corresponding Secretary**  
**Speaker Liaison**  
**Workshop Coordinators**

**Parliamentarian**  
**Membership**  
**Public Relations**

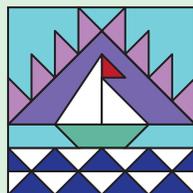
**Standing**  
**2018 HOC Quilt Show**  
**Block of the Bonth**

**Challenge**  
**Coastlines Distribution**

**Coastlines Editor**  
**Coastlines Layout**  
**Community Quilts**  
**Door Prizes**

**Librarians**

**Opportunity Quilt**  
**Oppotunity Quilt Tickets**  
**Refreshments**  
**Satellite Group Coordinator**  
**SCCQG Representative**  
**Sunshine**  
**Webmaster**  
**Welcome**



**Monthly Meeting**, 2nd Thursday, 7 pm  
St. Andrew's Presbyterian Church  
4575 Auhay, SB, CA 93110

**Board Meeting**, 3rd Thursday, 6:30 pm  
Maravilla Craft Room,  
5486 Calle Real, SB 93111

**Workshops** as Scheduled  
Goleta Valley Community Center  
5679 Hollister, Goleta, CA 93117

**Coastal Quilters Guild, Inc.**  
PO Box 6341, SB, CA 93160  
www.coastalquilters.org  
cqginfo@gmail.com

### BOARD

Linda Boynton de Sepulveda  
Cathe Hendrick  
Margaret Dear  
Carole Kennedy  
Carol Barringer  
Mary Maxwell  
Francine Smith  
Linda Bird  
Shirley Morrison  
Sue Orfila  
Bonnie Epperson  
Sue Kadner

### COMMITTEES

Bonnie Epperson  
Marty Frolli  
Rochelle Schneider  
Kika Hutchings  
Ranell Hansen  
Mary Ringer  
Naomi Hicks  
Paulina Heather  
Norah McMeeking  
Carol Barringer  
Elizabeth Jenquin  
Linda Kriss  
Diane Moore  
Pam Holst  
Michelle Garbarino  
Kathy Piasecki  
Carol Fay  
**VACANT**  
Ginny Lawliss  
Darilyn Kisch  
Linda Boynton de Sepulveda  
Dee Johnson  
Bonnie Barber  
Dee Johnson  
Nola Ferguson

# Coastal Quilters Participate in VNHC Celebrations Honoring Veterans

Visiting Nurse & Hospice Care celebrated their “We Honor Veterans” program on March 14, 2017 with a wonderful program attended by local dignitaries and their representatives. VNHC joined the “We Honor Veterans” program in 2012 and has “earned their stars” to recently reach the highest level of service to veterans. VNHC is the only hospice organization in the tri-counties area to do so.

Half of all men dying today are veterans; 1 in every 4 people who die is a veteran as World War II-era veterans reach the end of their lives and come into hospice care. Hospices are also seeing veterans from the Korean and Vietnam war eras. As veterans came to hospice care in increasing numbers, it became clear that their needs were different from the general population and the “We Honor Veterans” program was launched in 2010. An awareness campaign focused on providing veteran-centered care, the program was developed by the National Hospice & Palliative Care Organization in collaboration with the Department of Veterans Affairs.

The most visible part of the “We Honor Veterans” program is the Vet-to-Vet Volunteer program where veterans who are also trained hospice volunteers create a special relationship with each veteran patient, bonding over shared experiences of serving the country and creating an environment where life review and healing can occur. The Veteran Volunteer conducts the Pinning Ceremony, where the veteran is honored and thanked for their service to the country. The veteran's family is also honored, because wives and children serve right alongside the veterans, enduring the many transfers and absences that being in the military entails. The ceremony provides a chance for the veteran to reminisce about their time in the military and families learn many things about their loved one that they never knew before.

Unique to the ceremony in Santa Barbara is that, along with the flag pin, the veteran is presented with a flag-colored quilt. While the veteran lives, the quilt provides comfort, warmth and an on-going reminder of the way we honor and thank them for

their service. After the veteran passes, the quilt becomes a cherished family heirloom, continuing to offer comfort and warmth as only quilts can. Visiting Nurse and Hospice Care has been a frequent recipient of Coastal Quilters Guild's donated quilts. In November of 2014, I went along on a quilt delivery as a member of the Community Quilts Committee. Among the quilts were three red, white and blue ones, and Arlene Stepputat, Director of Volunteer Services at VNHC, told us about the pinning ceremonies and how much these particular quilts meant.

When Arlene learned that I am a veteran, she dropped to one knee beside my chair and performed an impromptu pinning. I was so deeply and unexpectedly moved that I went home inspired to make red, white and blue quilts. In January, 2015, I appealed to the Guild to join me – and you did! Thus the “Sew for Veterans” project was born.

Our goal for “Sew for Veterans” was to produce 75 quilts by Veterans Day. We held three workshops and were featured in a News-Press article November 10, 2015. We far exceeded our goal: we donated 93 quilts to VNHC by our deadline. More quilts came after the deadline, and some of our members have continued to make red, white and blue quilts ever since. We delivered six more on the day of VNHC's celebration. In all, we have donated 119 quilts since the the “Sew for Veterans” project was initiated. The very first quilt of the project, made by Diana Iler, was presented to Don Jones, the husband of Coastal Quilters Guild member Marian Jones.

For the celebration program, VNHC ran a slide show of veterans with their quilts, and members Ilona Varner (also a VNHC nurse), Diana Iler and Carole Kennedy joined me in parading a dozen of our quilts. Visiting Nurse & Hospice Care appreciates our partnership in providing this meaningful contribution to “We Honor Veterans”.

Thank you so much for your participation in the “Sew for Veterans” project – our work reaches farther than we can ever imagine.

**Carol Barringer, *Community Quilts***



## Be Part of the CQG Team

It's that time of year when Board and Committee positions need to be filled. Below are the positions that are still open. This is a great way to have a say in the decisions that determine how our Guild is managed, make friends and meet other Guild members. If interested in taking a position, please contact our Parliamentarian, **Sue Orfila**, at **805-770-2282** or by email at **quiltnut@aol.com**. If you want more information about the position, please contact the current holder, (see list in Newsletter or on website).

**Our Guild depends on our members and can only provide services with volunteer help. We hope you will consider signing up now.**

### Board Positions:

- **Workshop Coordinator** – one member is needed to work with Francine Smith and Shirley Morrison. Position handles member sign-ups for workshops; prepares supply lists; sets up workshop space; monitors workshops.
- **Parliamentarian** – oversees election process for board and committee positions, makes sure parliamentary procedure is used at general and board meetings.

### Committee Positions:

- **Community Quilts** (best with 2 or more people) – furthers the art of quilting in the community, and coordinates requests from non-profits for the donation of quilts from the Guild.
- **Challenge Quilts** – chair the yearly “Challenge” quilts program at a spring meeting. Arrange for receiving challenge quilts, voting and awards.
- **Library** (best with 2 or more people) – set up and take down of Library at General meetings. Receive donated books. Keep track of books checked in and out. Organize book sales.
- **Newsletter Editor** - receive and edit Newsletter articles from Board, Committee and guild members.
- **Newsletter Layout** - responsible for layout of Newsletter and sending to Webmaster and printer.
- **Opportunity Quilt Sales** – responsible for distributing and selling tickets for Opportunity Quilt and taking quilt to various venues and other Guilds' meetings.



## Prize Winners

Winners of the March door prizes were

- basket 1 - **Chris Allen**
- basket 2 - **Marti Frolli**
- basket 3 - **Julie Mock**

There will be a **Mystery Door Prize Basket** at the April Guild Meeting!

Lots of good things!

**Elizabeth Jenquin**  
**Diane Moore**  
**Linda Kriss**

## Block of the Month

**Dee Johnson** won 31 Shoo-Fly blocks at the March meeting.

Lots of lovely greens honored the day of the Irish.

# Santa Barbara Fair & Expo



Have a Blast! Go "BACK TO THE 50's" with the upcoming Santa Barbara Fair and Expo. The Guild will have an exhibition booth in Warren Hall demonstrating quilting and informing the public about the Guild on Friday, Saturday & Sunday, April 28-30, 2017.

We are looking for guild members to volunteer to work one 3 hour shift during which you can demo a simple quilting techniques (which could be as easy as working on your current project and being willing to talk about it).

Our booth will need 2-3 volunteers for each of the following shifts:

Friday from 4-7pm

Saturday from 11am-2pm and 2-5pm

Sunday from 11am-2pm and 2-5pm

Contact Darilyn Kisch to volunteer. [Dkisch@cox.net](mailto:Dkisch@cox.net)

Volunteers will need to pay for fair entrance, \$8 at the gate for adults and \$5 for seniors. Presale tickets for adults are available for \$6 until April 26 and can be ordered through the website (<http://www.earlwarren.com>) or at the Earl Warren Showgrounds Administrative Office, which is open Monday through Friday from 8am - 5pm. The office is located near the east entrance (Gate A) accessible from Las Positas Road. Phone 805-687-0766.

Parking at the show grounds will cost \$10. Free parking at Bishop Diego & Las Positas Park, using the shuttle to get to the fair.

Thank You in advance for your participation!

**Darilyn Kisch**

- |                         |                     |
|-------------------------|---------------------|
| 5 Nancy King            | 20 Karen Pickford   |
| 5 Laura Perry           | 21 Linda Kriss      |
| 5 Roxanne Barbieri      | 23 Sam McIlraith    |
| 8 Margaret Kocimski     | 25 Paula Whited     |
| 10 Grant House          | 25 Elaine Rottman   |
| 10 Julie Shulem         | 26 Paulette Ley     |
| 12 Elizabeth Shasberger | 27 Diana Hamilton   |
| 13 Norah McMeeking      | 27 Gwendolyn Jeter  |
| 13 Maryann Huggins      | 28 Darilyn Kisch    |
| 18 Margaret Dear        | 28 Gladys Brown     |
| 19 Jean McCaffrey       | 28 Sherran Cressall |
| 20 Loiuse Salgado       | 30 Nancy Olsen      |

## APRIL Birthdays



Please update your membership information when you change your address, phone, or e-mail, etc. by contacting the Guild at [cqginfo@gmail.com](mailto:cqginfo@gmail.com)

## Quilter's Resources

Art & Jenny's Sewing Machine Center  
*Authorized Janome Dealer--Service of most brands,  
Sewing supplies only, no fabric for sale.*  
2124 E. Thompson Blvd. Ventura, CA 93001  
805-643-8536

The Creation Station  
**Fabric and Quilt Shop**  
*Large selection of cotton solids/prints/and flannels.  
Authorized Janome dealer.*  
252 East Hwy. 246, Unit A, Buellton, CA 93427  
www.thecreationstation.com  
805-693-0174

Ranell Hansen  
**Around the Block Quilting Studio**  
*Custom Machine Quilting, Quilting and Sewing Classes*  
LLENAR.NESNAH@gmail.com  
805-684-7042

Cathe Hedrick  
**Santa Barbara Quilting Retreats**  
P.O. Box 91429  
Santa Barbara, CA 93190-1429  
www.santabarbaraquiltingretreats.com  
805-899-3947

Grant House Sewing Machines  
*New Hours: Monday-Friday 10-5:30, Saturday 10-3*  
336 E. Cota St. Suite B, Santa Barbara, CA  
www.granthousesewingmachines.com  
ghsewingmachine@gmail.com  
805-962-0929

Nancy King  
**Santa Barbara Custom Quilting**  
*Many designs to finish your quilts beautifully. Large  
quilts, get them done! Prompt turnaround.*  
www.sbcustomquilting.com  
805-687-2063

Quilt Ventura  
**Longarm Services**  
Joey Strait  
805-890-8851  
By appointment

Roxanne's A Wish & A Dream  
*A whimsical store filled with everything for quilting,  
knitting, needlework, and gifts. You'll find fabrics,  
books, yarns and classes, and fun!*  
919 Maple Ave., Carpinteria, CA 93013  
roxannequilts.com  
805-566-1250

Santa Maria Sewing Superstore, Inc  
127 E Main Street  
Santa Maria, CA 93454  
www.santamariasewing.com  
805-922-1784

Norah McMeeking  
*20% off my 5-star class "Precision Machine Piecing"*  
www.craftsy.com/ext/NorahMcMeeking\_168\_H  
Guild classes & Workshops:  
norah@bellabellaquilts.com

## Events of Interest Around California

New Views 2017  
Quilts by Fiber Vision New Views will run March  
28-April 24, at Cabrillo Pavilion Arts Center, 1118 E.  
Cabrillo Blvd., Santa Barbara. Opening reception  
5:30-7:30 p.m. Wednesday, March 29.

Becoming America  
Huntington Library and Botanical Gardens  
More than 200 works of 18th- and early 19th-  
century America, including a group of eight  
wonderful quilts. The exhibit will be in place  
through October 2018. More information at  
their website: [huntington.org](http://huntington.org).

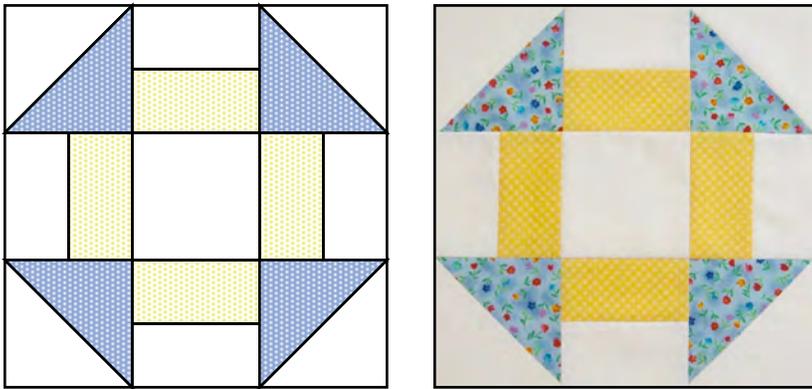
The Heart and Art of Quilts  
**April 1 -2, Santa Clara Valley Quilt Association**  
Santa Clara Convention Center, 5001 Great  
America Parkway, Santa Clara, CA 95129

California Fibers: Time  
**April 1 - May 6, The Studio Channel Islands  
Blackboard Gallery**  
2222 East Ventura Blvd, Camarillo, CA  
A themed exhibit featuring the work of 17 mem-  
bers of California Fibers, including Charlotte Bird,  
Gail Fraser, Kathy Nida and others.

# Churn Dash

12" Block

May 2017  
Coastal Quilters Guild  
Block of the Month



May is a time for planting in the garden, putting up jams and jellies and just enjoying the outdoors. Stitch up this Churn Dash in prints of sunshine and blue skies.

## Cutting

White or white on white print:

Cut one 4-1/2" square.

Cut two 5-1/4" squares.

Cut 4 (2-1/2" x 4-1/2") rectangles.

Yellow:

Cut 4 (2-1/2" x 4-1/2") rectangles.

Medium Blue:

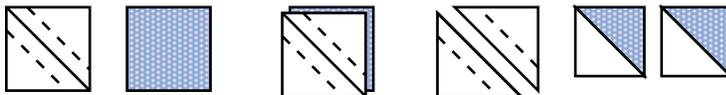
Cut two 5-1/4" squares.

## Assembly

1. Draw a line corner to corner on the two 5-1/4" white squares. This is the cutting line. Draw a line 1/4" from the cutting line and on each side of the cutting line. These are the sewing lines.



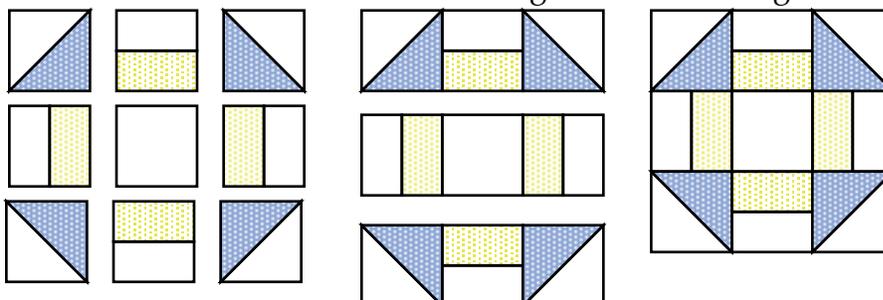
2. Pin white squares and 5-1/4" blue squares right sides together. Stitch on the two sewing lines. Cut on the cutting line. Press seam to the dark. Trim units to 4-1/2". Use a Bloc Loc ruler if you have one.



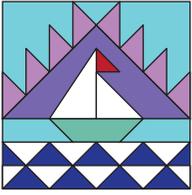
3. Sew the white rectangles to a yellow rectangles. Press seam toward the yellow.



4. Arrange the triangle units, the rectangle units and the white square to make the Churn Dash block. Sew into rows. Press seams toward rectangles. Sew rows together. Block should measure 12-1/2".



Bring your block to the May CQG meeting.  
Please contact Marty Froli with any questions.



Coastal Quilters Guild, Inc.  
P.O. Box 6341  
Santa Barbara, CA 93160

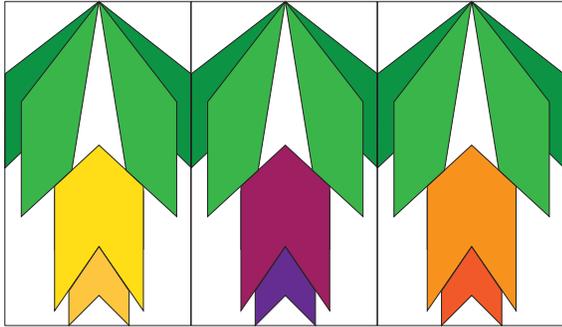
CHANGE SERVICE REQUESTED

**Wear Name Tag**

**Bring**

- \* Show and Tell
- \* Block of the Month
- \* Completed Community Quilts;  
pick up new kit
- \* Money and address labels for  
door prizes

There will not be a Treasure table  
and Library



- Reminders For April meeting:**
- No workshop in April
  - Wear Name Tag
  - Bring
  - Show and Tell
  - Block of the Month
  - Money and address labels for door prizes
  - There will **not** be a Treasure Table, Community Quilts nor the Library. Community Quilts will take finished quilts and the Library will take books you are ready to return.

Coastal Quilters Guild, Inc.  
<http://www.coastalquilters.org>

*Coastal Quilters Guild of Santa Barbara and Goleta is a non-profit, educational and charitable organization. The purpose of the guild is to educate its members about the history and preservation of the art form of quilting and its related topics; to learn new techniques and improve skills; and to inform the community at large about our quilt making heritage.*

Guild Meetings are held on the second Thursday of each month at:  
**St. Andrew's Presbyterian Church**  
4575 Auhay, Santa Barbara, CA  
**This month's meeting:**  
April 13th  
Doors open at 6:30 pm  
Meeting: at 7:00 pm  
**Next month's meeting:**  
May 11th

**Board meeting** (3rd Thursday)  
April 20th