

Coast Lines

Coastal Quilters Guild of Santa Barbara & Goleta

www.coastalquilters.org

Volume 37, Issue 5, November 2025

Guild Meeting

November 13, 7 pm
Krista Moser

"Diamonds are a Quilter's Best
Friend"

In-Person & via Zoom"
Live Oak Unitarian
Universalist Congregation
820 N. Fairview Ave., Goleta

November Workshop

November 15, 9am-3:30pm Krista Moser "Honeycomb Hexagon" Via Zoom

Board Meeting

November 20 Via Zoom 7pm

Coffee Break

No Coffee Break this month

Next Month's Meeting

Holiday Party December 11, 3-6pm In-Person St. Andrew's Presbyterian Church, 4575 Auhay Dr.

January Workshop

January 9 - 9am-3:30pm Teresa Coates "From Quilt to Coat"

Newsletter articles for the December Edition are due <u>Sunday November</u>

23, 9 PM Send to:
newsletter@coastalquilters.org

mewsletter@coastalquilters.org
with images sent as separate jpg or
png files.

Questions? Or to change your address, phone, and/or email, please notify the Guild at info@coastalquilters.org

November Meeting: Krista Moser "Diamonds are a Quilter's Best Friend" Lecture/Trunk Show

November 13, 7 pm, in-person & via Zoom

Krista tells her story about how she started out very young and went on to design her own quilts and patterns. She uses quilts to explain her design concepts and color theory. She loves to do Q&A, if there's time! This is sure to be a big crowd-pleaser.

November Workshop: Krista Moser "Honeycomb Hexagon"

November 15, 9am - 3:30pm, from the Comfort of your very own home!



This is a really fun-looking pattern, and not just because I love all things bee and honeycomb related! The nostalgia of Grandmother's Flower Garden makes a fresh comeback! Hexagon quilts are all the rage right now. Have you ever wanted to try one but have heard they are hard to make?

Then, you will love this pattern! It's entirely strip-pieced so no fussing with Y-seams or difficult piecing techniques. You get a WOW effect without all the headaches.

The workshop costs \$50 for members, or \$75 for non-members. All the details are on the Guild website, and there are still spaces available, but don't delay!

The quilt requires only 1/3 of a yard for most fabrics or jelly roll strips. You can get a half-price discount on the digital pattern, and I will send this out as people sign up. You will also need to have (or share with a friend!) the Creative Grids 60° large diamond ruler.

Bee Saunders, Workshop Coordinator

President's Message

November is a month when we practice gratitude, right? We make plans to gather, to cook and share delicious food. We count and recount our blessings with those we love, and find ways to express our thanks, whether through service, worship or creative endeavors.



Did you know that practicing gratitude can rewire our brains? It can lower our heart rate and promote relaxation and clarity. Gratitude also decreases activity in the amygdala, which plays a crucial role in processing our emotions, fears and anxieties. It can also lower cortisol by creating a calm and balanced state, which increases happiness. Look it up! There are many recent scientific studies that uncover the many benefits of being intentional in recognizing and expressing our gratitude.

In that spirit, I want to say I am full of gratitude for our community of guilters that is Coastal Quilters Guild. When I first joined during 2020 (yes, in that first summer of the pandemic!) I found friendly makers who were as excited as I was about quilts, fabrics, learning new techniques, and who offered a place to show my quilts and talk about the stories that went with them. In the years since then, I've had so many great experiences, made new friends, enjoyed sew days, workshops, two guilt shows, and learned from many talented quilt teachers and speakers. I am thankful to those who came before us and established this Guild, along with the many enthusiastic volunteers who have kept it going strong so it was here for me when I was ready.

We have more great experiences to share in the coming months as well as a continuing need for volunteers to enrich our upcoming activities. You can still join us for an online workshop with Krista Moser on Saturday,

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November 15, following her talk at our November meeting on the 13th.

Be sure to mark your calendars to join us for our Holiday Party on December 11. Coming up in the New Year (2026!!!) you will hear about the many ways you can join in as we gear up for our Quilt Show in September. A big TIA (Thank You In Advance!!) to Bee Saunders and Stephanie Linn for stepping up to lead us in that effort. Check out the rest of this newsletter for all the details you need to participate in upcoming events. Finally, please join me this month in practicing gratitude for all the ways we benefit from being the community that is Coastal Quilters Guild.

Polly Matsuoka, President



Library Update

As the hours of sunlight dwindle, I am looking forward to more hours in front of my sewing machine! I hope you also enjoy creating at this time of year.

November's book talk will be filled with resources supporting our new challenge, "Through the Garden Gate." There are so many ways you can answer this challenge and so many ways you can interpret the theme for your own design. Please consider our vast Guild library for books that can inspire you.

Remember that our library catalog is online and you can check it out right here. <u>GUILD</u>
<u>LIBRARY CATALOG LINK</u> More books will be added continually. You can find those on the last tab of the spreadsheet.

I wish you many days of happy creating!

Traci Cope

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Coastal Quilters Guild Board

Guild President: Polly Matsuoka

Recording Secretary: Nancy Butterfield

Guild Treasurer: Debra Patelzick

Corresponding Secretary: Carole Kennedy Membership Coordinator: Sandy O'Meara Parliamentarian: Eileen Lewandowski Program Director: Susan Bullington Katz Public Relations Coordinator: Ruth Eggli

Speaker Liaison: Kitty Oliver

Workshop Coordinator: Bee Saunders

Committees and Activities

Block of the Month/Sew Along: vacant Challenge: Kathy Draine, Edalee Keehn, Darilyn Kisch & Barbara MacCallum

Community Projects: Michelle Garbarino, Sue Gierhart, Barbara LaPlante, Nancy LaRoche-Blau **Door Prizes/Raffle:** Linda Estrada & Marilyn Martin

Library: Traci Cope

Newsletter Distribution: Mary Ringer Newsletter Editor: Suzy Odgers Newsletter Layout: Stephanie Linn

Opportunity Quilt: Sue Kadner & Sue Orfila Quilt Show 2026 Chair(s): Bee Saunders &

Stephanie Linn

Refreshments: Various

Road to California Trip Coordinator: Isabel

Downs

Satellite Group Coordinator: Isabel Downs SCCQG Representative: Rosana Swing

Webmaster: Bonnie Barber Welcome Committee: Vacant

Zoom Committee: Susan Bullington Katz



Refreshments for the November meeting would be appreciated from members with November birthdays. Thank you.



Door Prizes

For October, our lovely door prizes were won by Sandra O'Meara, Edalee Keehn and Kathy Draine. Our name tag winner was Mary Ringer. Congratulations to all and thank you to everyone who participated. This helps our Guild earn some extra money.

Linda Estrada and Marilyn Martin

November Birthdays

Nov. 6	Annette Goena
Nov. 7	Caeli Benyacko
Nov. 12	Barbara MacCallum
Nov. 1	Sheila Wiley
Nov. 14	Ruth Campbell
Nov. 14	Cherryl Paul
Nov. 17	Carole Kennedy
Nov. 17	Christine Knight
Nov. 23	Cay Donohoe
Nov. 24	Lori Schiferl
Nov. 25	Debbi Haeberle
Nov. 26	Carolyn Rory
Nov. 28	Sherry Lafler
Nov. 30	Lois Hodges



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Come Join us for Our December Holiday Party!

We are still in the planning stages but we know this much...

For our December 11 Guild meeting, we will gather at St. Andrew's Presbyterian Church for a brief business meeting followed by a festive and fun-filled holiday party!

The afternoon/evening will feature decorated tables, festive appetizers and magnificent mocktails, along with games and a pot holder swap. There will be an added surprise of unwrapping the one you get to take home and see who takes home the one you made.



The gathering will run from 3:00 to 6:00 pm. We hope you will all be able to join us for this earlier-in-the-day party. It will be a wonderful time to create a warm and welcoming social opportunity for young and old, new and long-time members along with guests as well! Invite a friend to experience our Guild for the first time.

or reach out to a member who needs a ride so we can enjoy the time together. Watch for all the details about the potluck swap in coming announcements and soon on the website. Get busy making that festive potholder to join in on the fun. See you there!!



January Meeting: Teresa Coates "Quilt Coats and Patchwork Apparel"

January 8, 2026, 7pm, In-Person & via Zoom



Quilts often stay on the guest bed or in the cedar chest, but it's time to take your quilty nature and bring it into your wardrobe. You will hear about ways to incorporate your piecing and quilting skills into coats, dresses, tops, bags and shoes, with lots of inspiring examples.

Teresa has spent the last decade-plus helping folks turn their piles of fabric into usable, wearable things (instead of just lovingly hoarding them). She's probably best known for quilt coat patterns which are cozy, patchwork-filled excuses to wear your quilts out in public & look fabulous doing it.

January Workshop: Teresa Coates "From Quilt to Coat"

January 9, 2026, 9:00am - 3:30pm St. Andrew's Presbyterian Church, 4575 Auhay Dr., Santa Barbara

Turn a quilt, quilted fabric—or even that vintage tablecloth hiding in your closet—into a one-of-a-

kind coat you'll actually want to wear. Using the *Elemental Coat* pattern as the foundation, we'll walk step-by-step through the process of transforming textiles into garments, with plenty of tips along the way. You'll learn how to:

- Work confidently with pre-quilted fabrics and vintage linens
- Customize your coat with piecing, repurposed textiles, and design variations
- Adjust length, sleeves, and neckline to suit your style
- Gain practical garment-sewing insights from a guilter-turned-pattern-designer

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2026 Guild Challenge Through the Garden Gate

A patchwork whisper, a challenge set, "Through the Garden Gate," a theme we've met. The call was answered, scissors in hand, To stitch a story across the land.



Challenge Theme

The focus of the 2026 Guild Challenge is to interpret your dream view "Through the Garden Gate." This could be anything from a lush vegetable garden, to a vibrant rose garden, or even a lively playground. Your favorite view might be looking from the garden at mountains, a lake, or the ocean. The viewpoint can be either looking into or out of the garden.

Guidelines

- Size: The total perimeter must be no more than 100 inches
- Shape: Any shape is allowed
- Quilt Structure: Entries must consist of three quilted layers a top, batting, and backing
- Display: Quilts must be able to be pinned to a drape; free-standing items are not permitted
- Design Requirement (Front): Include a gate post and at least one recognizable flower
- Entries: One entry is allowed per guild member
- Submission: Challenge entries will be accepted at the March, April, and May meetings. All entries must be submitted by our meeting in May, 2026
- Reveal / Judging: Entries will be revealed and judged at our meeting in June, 2026

Questions

For any questions regarding the challenge, please contact Kathy Draine. Her email address can be found in the guild directory.





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Community Projects

We, on the Community Projects team, are so grateful for the sewing projects that you turn in at each general meeting. Thank you for taking more quilts to finish with the kits and supplies that are provided. For November, we have a deadline to collect placemats which are to be donated to Meals on Wheels, as well as finished cradle kits and baby doll quilts (24" square) which are headed to the Unity Shop. Please see the photos below staged by Marty Frolli to give you some sewing inspiration.



Contact one of us if you need batting to be cut, labels (to put on quilts larger than a placemat), or fabric from the locker.

Barb LaPlante, Michelle Garbarino, Sue Gierhart and Nancy LaRoche-Blau







Membership

We now have 170 members! Please welcome new members Pam Torgerson, who lives in Port Hueneme and Stacy Murray who resides in Santa Maria and owns Old Town Quilt Shop in Orcutt. You may recall that Stacy Murray was a guest speaker at our Guild in September showing the ByAnnie bags and led a workshop on a ByAnnie "Catch-All Caddy". Please welcome both Pam and Stacy as official new members of our Guild!

At our recent Guild meeting at Live Oak Congregation on October 9th, there were 45 in attendance and 20 members attending via Zoom. Thank you Eric and Zoom team!

The 2025-2026 Membership Directory & Handbook is now printed with a lovely orange cover, and copies are currently being dispersed. Forty-two copies were mailed and many more were handed out at our October Guild meeting. I still have many Directories to give out and I plan to bring them to the next Guild meeting. So, if you are available, please plan on attending or perhaps ask another Guild member to pick yours up for you! Thank you to Sue Kadner for pulling together all the information for the Directory and getting things to the printer.

Any Membership questions, please contact me via email at membership@coastalquilters.org.

Thank you!

Sandy O'Meara, Membership Coordinator

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October Sew Day

For those of us that missed it, Sew Day looked



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meeting, or sign up to show it on Zoom.

Coastal Quilters Guild, Inc.

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coastalquilters.org